



Govt. College of Nursing, Kottayam

EXAMINATION HALL CUM AUDITORIUM
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• ANNUAL ALUMNI NEWSLETTER • JULY 2024 •

OFFICE BEARERS

Patron	: Dr. Liny Joseph
President	: Dr. Philomina Jacob
Vice president	: Mrs. Shila B.
Secretary	: Dr. Mary Joseph
Joint secretary	: Ms. Rema T.U.
Treasurer	: Mrs. Lini P Luke
Editor	: Dr. Radhika C K

Dear alumni,

Hope this newsletter finds each one of you in good health and high spirits. It is again the time to have a homecoming and we are excited to meet you all for this annual alumni meetup Smriti – 2024.

With each year, our alumni network is growing beautifully with its own aura and we are eagerly waiting for the genesis of alumni chapters across the globe. Apart from the professional roles, we are happy to witness that our alumni are exploring newer horizons in every walks of society where ever they are. Keep going with your passions and may you could create a unique impact in your arena. May this get-together charge you with new vibrancy powered out of fragrant reminiscences.

Hope this newsletter brings you the glimpses of melliferous old days in your alma mater. We are extremely happy to listen your stories and please reach us once in a while at: alumninewslettercnk@gmail.com. Anticipating your continued association with our institute's future endeavors.

Have a great time ahead... with warm regards!

Radhika C K
Editor



Patron's Message



Dear Alumni,

As the alumni gather for 'Smruti 2024' Nursing Alumni Reunion, they are filled with gratitude and excitement. This occasion marks not just a celebration of their past achievements but also a reaffirmation of the bonds and experiences that unite them.

It has been 25 years since the jubilarians walked the halls of CNK, and during this time, each of them has made incredible strides in their professional and personal lives. This reunion offers them a unique opportunity to reconnect, reminisce, and reflect on the shared values and dedication that define our nursing community.

We remember the rigorous training, the long hours, and the unwavering dedication that shaped us into compassionate and skilled professionals. Our alma mater instilled in us the values of empathy, critical thinking, and excellence in patient care.

Today, the alumni proudly represent our college in various healthcare settings, making a meaningful impact on the lives of our patients and communities. They have become leaders, innovators, and mentors, perpetuating the high standards of our institution.

I appreciate the great effort of the office bearers in holding Alumni Meet annually and honouring jubilarians, their teachers and alumni members for their outstanding professional achievements.

Personally it gives me immense pleasure and pride to be a member of the jubilarians felicitated this year. Let us celebrate our accomplishments, rekindle old friendships, and forge new connections. Let us also acknowledge the challenges we face and work together to address them. I wish all success and let SMRUTHI- 2023 is an unforgettable event to all of us.

Regards,

Dr. Liny Joseph
Principal in Charge,
Govt. College of Nursing, Kottayam



President's message

Dear Alumni,

As we come together to reflect on another year, I am filled with immense pride and gratitude for the accomplishments and milestones our alumni community has achieved. Our college continues to produce exceptional professionals who make significant impacts in healthcare settings around the world.

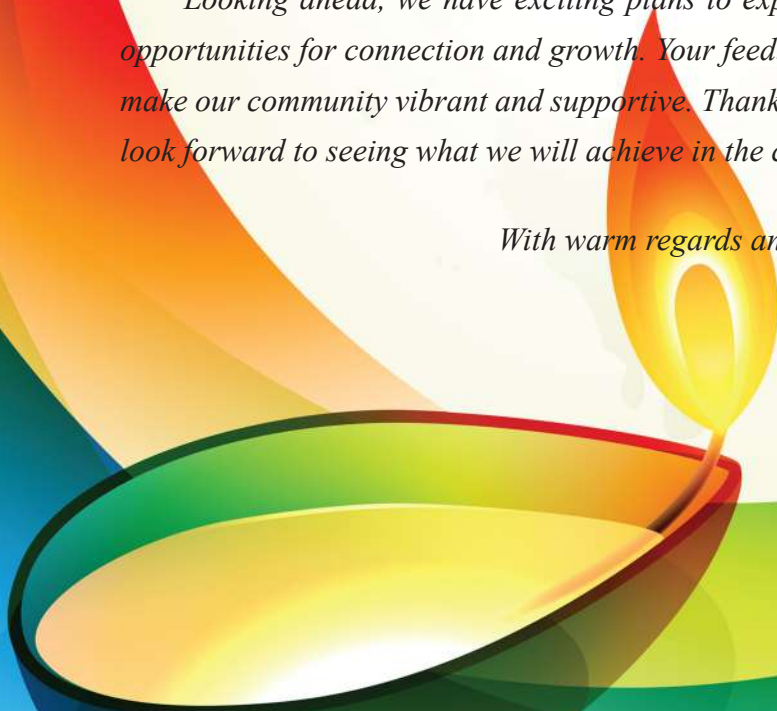
This past year has been a testament to our resilience, dedication, and unwavering commitment to the field of nursing. Our alumni were at the forefront in various roles in patient care, research, education, and leadership, promoting the brand Government College of Nursing, Kottayam. Our alumni have made invaluable social as well as professional contributions making the Alma Mater feel proud. Our alumni network has also grown stronger and more connected. Virtual reunions, webinars, and mentorship programs have allowed us to share knowledge, support one another, and stay connected despite physical distances. I encourage you all to take full advantage of these opportunities to engage with your peers and enrich your professional journeys.

We have seen much development in the college during the past year both physically and professionally. Dr Usha VK who was our patron for the past few years has retired. Her support along with the support from other retired faculty members are remembered with gratitude. We honor your contributions and wish you all the best in your well-deserved retirement. As I prepare to step down from my role as President, I want to express my heartfelt thanks for your unwavering support and dedication. Serving as your President had been an honor and a privilege. I am grateful for the opportunity to have worked alongside such passionate and committed colleagues. I am confident that the upcoming leadership will continue to guide our alumni association to new heights. I wish them all the best and am ready to extend my support whenever required.

Looking ahead, we have exciting plans to expand our alumni activities and create even more opportunities for connection and growth. Your feedback and participation are crucial as we strive to make our community vibrant and supportive. Thank you for your continued dedication and support. I look forward to seeing what we will achieve in the coming year.

With warm regards and sincere gratitude,

Dr. Philomina Jacob
President, Alumni Association



HONORING BATCH - 2024

13th batch B.Sc. Nursing



1. Aji V A, Nurse practitioner, USA, Ajimanoj2000@gmail.com, MSN- Family NP
2. Anu Korulla, Nurse Practitioner USA, Anukorulla@hotmail.com, MSN-Geriatric NP
3. Anisha Jacob
4. Asha E P, Senior nursing Officer, SCTIMST, Tvm. ashasaji1976@gmail.com
5. Bindu M.K, Chief Nursing Superintendent, Divisional Railway Hospital, Palakkad, bindukunjukunju@gmail.com
6. Bindu Loitha (Vayalakkara), Registered Nurse, Australia^[1], lolitharajiv@yahoo.com, PG diploma in cardiovascular nursing
7. Bindu P, Registered Nurse/ UAE, bindupurushothaman@yahoo.co.in
8. Deepthilekha, Chief Nursing Superintendent, Divisional Railway Hospital, Trivandrum.
9. Jisha Kuriakose, Registered Nurse , Canada
10. Jaimy P John, Nurse Practitioner/ USA
11. Jolly Joseph, Nurse Lead USA, Jollyjos2021@gmail.com, Currently pursuing NP course
12. Jobymon C Jose, Registered Nurse/ Australia
13. Kavitha Kuriakose, Nurse Educator, C anada, kavithakuriakose@gmail.com, M.Sc. Nursing
14. Leena A R, RN, UAE, leenaar@gmail.com
15. Lini Joseph, Associate professor, Govt College of Nursing, Kottayam linyjsunny@gmail.com, PhD in Medical Surgical Nursing
16. Manju Tresa Jose, RN nurse Supervisor, manjujojo@yahoo.co.in, PMHNP
17. Neena P. J, Diabetes Nurse Educator, NHS, UK, MSN, MPhil, PhD Nursing
18. Nisha M.K, ICDS Supervisor, Pampakuda Panchayath nishamk2001@gmail.com, Masters in Social Work
19. Pricilla RN, USA

20. Rakhi Manjooran, Assistant professor, Govt College of Nursing, Kottayam
21. Radhika, RN Child Health/ Ireland, go4rsa@gmail.com, MSN from RAK; Neonatal intensive course DHA
22. Razia, RN CVOR, USA, raziasuhara786@gmail.com, MBAHCS, CNOR, MSN (Family Nurse Practitioner)
23. Renimol Philip, Registered Nurse/USA, renimol_77@yahoo.com, (DNP) Doctor of nursing practice student in psychiatric and mental health, Post basic cardiac nursing (sctimst)
24. Reni N.R, Chief Nursing Superintendent, Railway Hospital, Chennai, renybinoy22@gmail.com
25. Renjini V.G, Nurse Anesthetist, USA, iamrenjini@yahoo.com, Doctorate in Nurse Anesthesia practice, MSW
26. Renjith Kumar, RN, UK, renjit.lotus@yahoo.com
27. Rosmi Thomas, RN, Ireland, rsmjense@gmail.com, Student in Msc in advanced leadership Nursing
28. Sajimon.R N, Perioperative Sydney, Australia, sajimanayath@rediffmail.com
29. Sheeja Thomas, RN, Australia, lijopc@yahoo.com
30. Shygi G Nath, Registered Nurse, USA, shigignath@gmail.com
31. Shygi C Scaria, Clinical Nurse Manager/ Ireland, shigishaji@yahoo.com, Masters in gerontological nursing, Diploma in management.
32. Sindhu L, Professor, Govt.College of Nursing Kozhikode, sindhulalithambika@gmail.com, M.Phil. in Clinical Epidemiology, Ph.D. in Nursing
33. Sindhu P., Currently doing Business, Previously Registered Nurse @ Ireland^[2], sindhupadmavathi@hotmail.com, Administration and Management, ACLS Instructor
34. Sindhumol TR, CPD (Continuing Professional Development) training lead for Greater Manchester Mental Health NHS Foundation trust, UK, sindhutram@hotmail.com, M.Sc Nursing, Professional Nurse Advocate (PNA)
35. Sreeja, Head Nurse, Cath lab / Kuwait, bjithesh@hotmail.com
36. Sreeraj, Registered Nurse, Australia, sreeraj1975@gmail.com
37. Subaida, RN/ UK, subaidanishad@yahoo.co.in
38. Sujaraj L, Lecturer in Nursing, sujaraj1977@ gmail.com, PhD scholar, SCTIMST
39. Swapna Antony, Grant Officer, Canadian Red Cross, swapna.antony@gmail.com, RSW MSW PMP/Best outgoing student award and Leela Wadia award, Tata Institute of Social Sciences, 2001
40. Swapna Cherian
41. Thushara Sebastian, Nursing education lead in Zulekha Hospital Dubai, UAE, thusharatal@gmail.com, Master of Nursing, child health, college of nursing Kottayam, Member of International board of certified lactation consultant
42. Thundyil Joseph George, Specialist Nurse Organ Donation, grgejt@yahoo.com

Memories...!





Memories...!



ALUMNI ACHIEVEMENTS

- **Mrs. Geetha P C** (4th Batch BSc Nursing): Under the leadership of Mrs. Geetha P C, the Govt. School of Nursing, Ernakulam has conducted its centenary celebrations. Govt. School of Nursing, Ernakulam is the first nursing educational institution in Kerala.



- **Dr. Sona P.S** (10th Batch BSc Nursing), Received Best Teacher Award for Nursing faculty by KUHS in 2023, Appointed as Principal, Government College of Nursing Kasaragod, Now on Deputation as Registrar, Kerala Nurses and Midwives Council.



- **Mrs. Suja raj** (13th batch Bsc Nursing), Lecturer, SCTIMST, Tvm bagged 1st prize in paper presentation in the 23rd national pediatric cardiac surgery conference held in Chennai.



- **Dr. Swapna K G** (11th batch BSc Nursing), Associate Professor, School of Public health, KUHS, Thiruvananthapuram has completed e Post Graduate Program in Health Economics, Health Care Financing and Policy from Indian Institute of Public Health-Delhi, Public Health Foundation of India in December 2023 and she has presented scientific papers in the 41st Annual Conference of Indian Society for Medical Statistics and National Clinical Epidemiology Conclave.



- **Mr. Bejoy Sebastian** (23rd batch B.SC nursing), Deputy Matron, Critical Care, University College, London, is a lead member of the hybrid transformation project in the cardio-thoracic unit, Govt. Medical College, Kottayam. It aims at improving patient experience, staff experience and cost effectiveness of the services. The team is also helping the wider clinical leadership of Govt. Medical College Hospital (MCH) Kottayam to achieve a cultural change in Clinical Leadership, Patient Safety and raising the profile of nurses within MCH and beyond.



ACHIEVEMENTS - PhD



Anjaly K. S.

Assistant professor, (6th Batch Msc Nursing),
Govt College of Nursing Kottayam,
PhD in Rehabilitation Nursing under M G University



Prof. Dr Sulekha A T,

Principal, Govt. College of Nursing, Alappuzha
(1st batch Bsc Nursing) has awarded with PhD in
Rehabilitation Nursing under M G University

RETIREMENT - ALUMNI



Mrs. Geetha P C

(4th batch Bsc Nursing),
Principal, Govt. School of Nursing, Ernakulam



Reena Thomas,

(6th batch Bsc Nursing), Vice Principal,
Govt. School of nursing, Pathanamthitta.

RETIREMENT - FACULTY



Dr. Usha V K,

Principal,
Govt. College of Nursing,
Kottayam



Prof. Marykkutty Mathew,

Professor,
Govt. College of Nursing,
Kottayam



Prof. Lara R N,

Professor,
Govt. College of Nursing,
Kottayam

CNK NEWS

- ◆ SNA unit has won overall champions trophy in the zonal arts fest
- ◆ SNA unit has bagged 4th prize in the Athappookkalam contest by Neethu's Academy.
- ◆ Our college has bagged the overall championship in the arts and sports competitions in association with the District Level Nurse's week programmes.

CAMPUS NEWS





സ്റ്റുഡന്റ് നഴ്സസ് അസോസിയേഷൻ കോളെ സ്റ്റേറ്റ് ബ്രാഞ്ച് ഊസ്റ്റ് സോൺ കലാമേളയിൽ അങ്കമാലയ്ക്കു കേട്ടയം ഗവ. നഴ്സിംഗ് കോളേജ് ടി.

നഴ്സിംഗ് കോളേജ് കലാമേള: കോട്ടയം ഗവ. കോളേജ് ചാമ്പ്യൻമാർ

കേട്ടയം • സ്റ്റുഡന്റ് നഴ്സസ് അസോസിയേഷൻ കോളെ സ്റ്റേറ്റ് ബ്രാഞ്ച് ഊസ്റ്റ് സോൺ കലാമേളയിൽ 'സവോത്സവ് 2023' ഗവ.നഴ്സിംഗ് കോളേജ് കോട്ടയം ഓവറാൾ ചാമ്പ്യൻഷിപ്പ് നേടി. അസീസി കോളേജ് ഓഫ് നഴ്സിംഗിനാണ് രണ്ടാം സ്ഥാനം. മിസ് എസ്.എൻ.എ ആയി അസീസി കോളേജ് ഓഫ് നഴ്സിംഗ് നേടിയെടുത്തു. തിരഞ്ഞെടുത്തു. ഹോളി ഹാലിലി സ്കൂൾ ഓഫ് നഴ്സിംഗിലെ അർലിൻ ഫിലിപ്പ് ന് കലാതിരക്കും. ചിത്ര പ്രതിഭ യായി കണ്ണൂരിൽ എസ്.എ.ഇ ഗവ.നഴ്സിംഗിലെ കെ.ജെ.നന്ദൻ അർ ഹാലായി. സഹിയാകൻ ജോഷി രാമസ്സു കലാരമള ഉദ്യോഗസ്ഥൻ കലാർത്ഥം



CAMPUS NEWS

- ◆ Government Medical College, Kottayam has received the QAS accreditation by Kerala University of Health Sciences.
- ◆ Government Medical College, Kottayam has conducted first pediatric liver transplant surgery in July, 2024, for the first time in the government sector of Kerala.

OBITUARY



Annmariya P. Jose
10th Batch Msc nursing



Helen K Augustine
12th Batch B.Sc. Nursing



Betsy Joseph
13th batch B.Sc. Nursing

